

Talent UNLOCKED

SPORTSPOP SQUAD MINDSET REPORT

The minds behind the **squad**.

Seacliff United FC · First Team Squad

COACH

Daniel Mercer

ATHLETES

16

PREPARED

July 2026

● Callum Brandt

● Riley Okafor

● Marcus Tuilagi

● Ethan Kowalski

● Harry Featherstone

● Jai Nguyen

● Sonny Delacroix

● Leo Marchetti

● Tom Abernathy

● Deklan Moore

● Xavier Boateng

● Finn Gallagher

● Kai Terare

● Ben Whitford

● Olly Vandermeer

● Aiden Castellanos

Sample report. Seacliff United FC is a fictional club and all athlete data is illustrative.

Stronger Minds. Stronger Athletes.

HOW TO READ THIS REPORT

Daniel, you already have sixteen individual reports, one per player. This one is different. It steps back from the individual and shows you the *shape of the squad*: where your players are collectively strong, where they share a gap worth a group session, and how sixteen personalities actually fit together as a team.

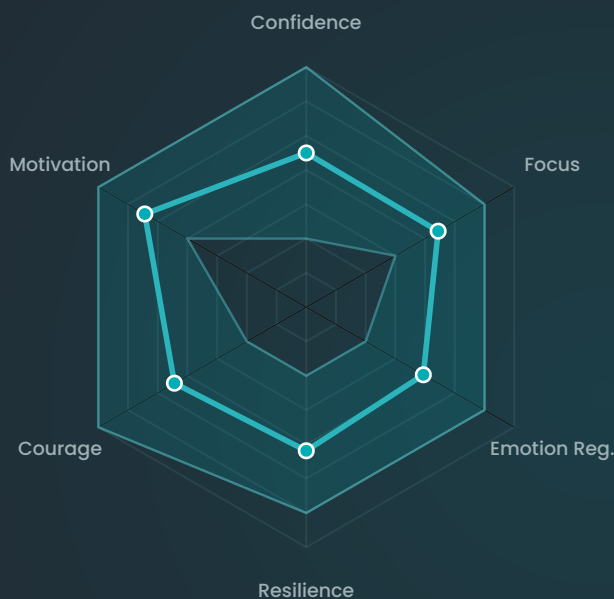
Football is won and lost in the collective, so this is where the mindset data earns its keep. Who leads when it gets hard, who needs protecting while their belief rebuilds, which pairings lift each other and which quietly grate. None of that is visible on a training pitch stat sheet, and all of it decides how your season goes.

Read it in four moves: the **glance** for the squad's collective fingerprint, the **matrix** to find any player or any skill that needs attention in seconds, the **composition** for who you've actually got in the dressing room, and **coaching the group** for what to do about it this block.

THE SQUAD AT A GLANCE

The collective fingerprint.

The squad's average shape across the six mental skills, with a shaded band showing the full spread, from the lowest athlete to the highest on each skill. A wide band means the squad is split on that skill; a tight band means they're clustered. Where the average pushes out and the band is tight, that's a shared strength to lean on. Where the average pulls in, that's a group-wide gap worth a group session.



SQUAD AVERAGE · OUT OF 7

Confidence & Self-Belief 4.5/7

Focus & Attention 4.4/7

Emotional Regulation 3.9/7

Resilience 4.2/7

Courage Under Pressure 4.4/7

Motivation & Identity 5.4/7

— Squad average

■ Spread (lowest → highest)

THE SKILLS MATRIX

Every athlete, every skill, one grid.

The fastest page in the report. Scan a row to read one player; scan a column to find a skill the whole squad shares. Darker teal is stronger. The bottom row is the squad average for each skill.

Athlete	Confidence	Focus	Emotion Reg.	Resilience	Courage	Motivation
Callum Brandt <i>GK</i>	6	6	6	5	5	4
Riley Okafor <i>GK</i>	3	4	3	3	2	6
Marcus Tuilagi <i>CB · Captain</i>	6	5	4	6	6	6
Ethan Kowalski <i>CB</i>	5	6	5	5	4	5
Harry Featherstone <i>CB</i>	2	4	3	2	2	5
Jai Nguyen <i>RB</i>	4	4	4	6	5	7
Sonny Delacroix <i>LB</i>	4	3	3	4	5	5
Leo Marchetti <i>RB</i>	4	3	4	3	3	4
Tom Abernathy <i>DM · Vice-captain</i>	6	6	5	6	5	5
Deklan Moore <i>CM</i>	5	5	6	5	4	4
Xavier Boateng <i>AM</i>	5	4	3	4	6	6
Finn Gallagher <i>CM</i>	3	5	4	3	3	6
Kai Terare <i>ST</i>	7	5	4	5	7	6
Ben Whitford <i>ST</i>	3	4	2	3	4	7
Olly Vandermeer <i>LW</i>	5	3	3	4	4	5
Aiden Castellanos <i>RW</i>	4	4	4	3	6	6
Squad average	4.5	4.4	3.9	4.2	4.4	5.4

Weaker  Stronger

Scores are out of 7

Read the columns first. The squad's strongest shared skill is **Motivation & Identity** (avg 5.4), so lean on it. The lowest is **Emotional Regulation** (avg 3.9), the highest-value group session this block. And **Confidence & Self-Belief** is the most split column (5 points between lowest and highest), so it's coached player-by-player, not as a group.

Who's actually in the room.

Each marker is a player, placed on the trait. For a football squad this is the most important page in the report: it maps your leaders and your followers, shows which personalities balance each other, and tells you who can carry the dressing room when the season bites.

Self-Management

How much each player drives their own training and preparation without a coach over their shoulder.



Motivational Drive

How hard each player pushes themselves toward difficult goals, day to day.



Team Orientation

Independent operator, or naturally pulled toward the group. In a team sport this line is your culture map.



Comfort With Conflict

Who creates an edge in matches and holds teammates to account, and who'd rather keep the peace.



Approach to Learning

Give-me-the-drill, or wants the 'why' behind the game model.



Social Orientation

How readily each player connects with teammates, a quiet ingredient in whether a dressing room gels.



● Athlete ◆ Coach · Daniel Mercer

Coach placed on the same engine score as the players; his marker sits just below each line.

WHAT THIS MEANS FOR A FOOTBALL SQUAD

You have a genuine leadership spine, and it runs straight down the middle of the pitch: Callum, Marcus and Tom are all self-starting, conflict-comfortable and respected, one voice in each third. Around that spine sits a young cluster of Harry, Riley, Aiden and Finn, who need direction and mostly avoid confrontation, which means the squad's standards will be whatever the spine enforces. Note where your strikers sit: Kai and Ben are the two most independent players in the room, which is normal for forwards but means neither will build the team's culture. They consume it. Leo and Olly, far right on team orientation and social lines, are the ones who actually carry it.

The watch-point is the conflict-comfort split. Your leaders and your coach all thrive on confrontation, while a third of the squad, including your most fragile talents Harry and Finn, sits hard against the 'avoids' end. Run the dressing room only on challenge and you'll grow the strong five and lose the quiet five. The move: make the leadership group formal and give Marcus, Tom and Callum defined briefs; hand Leo and Olly the culture jobs by name; and route the hard conversations for the conflict-avoiders through Ethan and Deklan, the two calm professionals both halves of the squad already trust.

The coach in the mix.

THE COACH'S EDGE

Structure and standards. Daniel is the most proactive self-manager in the building, a natural planner with high drive and real comfort holding people to account. That is exactly what this squad needs: seven of your sixteen sit toward "needs direction," and they will run hard inside a framework they could never build for themselves. Your scaffolding is the squad's ceiling, so keep supplying it.

WHAT TO WATCH

- 1 Intensity spillover.** Your drive sits above all but two players, and drive this high reads as pressure to a nervy player. Kai and Ben can take the heat; Harry, Finn and Riley will wilt under the same voice. Two registers, one standard.
- 2 Conflict mismatch.** You thrive in confrontation and so do your leaders, but a third of the squad actively avoids it. A hard challenge that sharpens Marcus will silence Harry and Deklan for a week. Pick the channel to fit the player, not the moment.
- 3 Over-explaining.** You're a deep analyst, which is perfect for Finn, Ethan and Callum, who want the "why" behind every pattern. But Sonny, Olly and Kai learn by doing; long tactical explanations lose them. Show them, then let them play.
- 4 The quiet ones drift.** You're outgoing, and outgoing coaches naturally feed the players who come to them. Ethan, Harry and Finn won't come. Schedule the check-ins so the reserved third get coached as much as the loud two-thirds.

HOW TO COACH EACH UNIT

- **Goalkeepers** (*Callum, Riley*). Callum is your low-maintenance professional, analytical like you, self-managing and happy with ownership of his own program. Riley is the opposite: eager, low on courage, and needs the pathway spelled out. Give Callum the keeper unit to run and make Riley's progression visible. His motivation is the highest in the group, and it just needs somewhere to go.
- **Back line** (*Marcus, Ethan, Harry, Jai, Sonny, Leo*). Marcus can take everything you throw and give it back. Coach him loud and direct, then let him carry the message. Ethan is your most consistent trainer but reserved; feed him the "why" one-to-one. **Harry is the welfare flag.** Lowest confidence and self-management in the squad, avoids conflict, sky-high standards. He needs scheduled, private, evidence-based encouragement, never a public challenge. Keep Jai's motor pointed at concrete targets, keep Sonny's coaching practical, and use Leo's warmth deliberately. He is glue, not just depth.
- **Midfield** (*Tom, Deklan, Xavier, Finn*). Tom is your on-field extension, self-managing, conflict-comfortable and analytical. Coach him like an assistant: share the plan, let him enforce it. Deklan is the squad's calmest head but low-drive; he responds to responsibility, not volume. Xavier needs a long leash on the ball and a short memory routine after errors. Finn is the deepest thinker in the squad and the most reserved. He'll master anything you explain properly, but he'll never ask twice.
- **Front line** (*Kai, Ben, Olly, Aiden*). Kai wants the big moments. Give him pressure in training, not protection from it, and manage his frustration when service dries up. **Ben is the combustion risk:** highest drive in the squad, lowest emotional regulation, and he isn't starting. Give him honest role clarity and a measurable path back into the XI before the frustration turns into a dressing-room problem. Olly's energy is a squad asset. Harness it, but coach his focus in short blocks. Aiden is fearless; your job is protecting his belief through the dips a first senior season brings.

COACHING THE GROUP

What to do with this squad.

Four kinds of move, drawn straight from the data above: strengths to lean on, themes worth a whole-squad session, the leadership group, and pairings that make athletes better by who they train beside.

LEAN ON

Drive is the squad's common thread

Motivation & Identity is the strongest column on the matrix (avg 5.4) and no player scores below 3. Even the players whose confidence is low, like Harry, Ben and Riley, still bring the engine every day. A squad that wants it this much will absorb hard coaching; the foundation is already in.

BUILD IT Give every player one hard, self-owned target per block. The motor is running, so point it at something specific.

GROUP SESSION

Emotional regulation is the shared gap

It's the lowest column on the matrix (avg 3.9), and it shows up everywhere in the unlocks: Xavier dwelling on giveaways, Kai's frustration in a drought, Ben boiling on the bench, Marcus's flashpoints. In football the cost is immediate. Cheap cards, lost restarts, ten minutes of chaos after a conceded goal.

DO THIS One squad session on a shared reset routine of breath, cue word, next action. Then referee training games to provoke it and rehearse it under real heat.

LEADERS

Name the leadership group and give it jobs

The composition page shows a clear spine. Marcus, Tom and Callum are self-starting, conflict-comfortable and respected, one in each third of the pitch. Around them, Leo and Olly are the natural connectors who carry mood. That's a leadership group and a culture crew, ready-made.

DO THIS Make the three formal leaders own standards (Marcus), tactics (Tom) and the back-line voice (Callum), and give Leo and Olly the new-player and energy briefs by name.

PAIR UP

Pair the combustible strikers with the calm core

Ben (highest drive, lowest regulation) and Xavier (brave, but dwells on errors) both need what Deklan and Ethan carry naturally, an unshakeable baseline. Harry needs the same from Ethan's quiet consistency rather than a louder voice telling him to relax.

TRY IT Room and drill Ben with Deklan, Xavier with Ethan, and give Harry a standing weekly review with Ethan. Steadiness transfers by proximity.

Keepers & defenders.

One line per player: their mini-fingerprint, their single biggest strength, and the one thing that would take them up a level. The full detail lives in each player's individual report.



Callum Brandt

GK · The Composed Self-Starter

Strongest: Confidence · Focus · Emotion Reg.

SUPERPOWER

Calm that spreads

Unflappable under the high ball and behind a nervy back line. His voice settles the defence.

PRIORITY UNLOCK

Re-light the internal fire

When unchallenged his standards drift; give him a keeper-specific target to chase every block.



Riley Okafor

GK · The Connector

Strongest: Motivation · Focus · Confidence

SUPERPOWER

Hunger to learn

Highest training appetite in the keeper group. He soaks up feedback and comes back for more.

PRIORITY UNLOCK

Be ready for the call

Nerves spike when a start looms; rehearse match-day pressure in training so the debut isn't the first test.



Marcus Tuilagi

CB · Captain · The Fearless Competitor

Strongest: Confidence · Resilience · Courage

SUPERPOWER

Leads from the front

Runs toward the hard moments, the player teammates look at when the game turns hostile.

PRIORITY UNLOCK

Cool head in the heat

The fire that makes him a leader can tip into flashpoints; a reset cue keeps the aggression usable.



Ethan Kowalski

CB · The Analytical Competitor

Strongest: Focus · Confidence · Emotion Reg.

SUPERPOWER

Relentless consistency

Trains at the same high standard every single day, the squad's most reliable baseline.

PRIORITY UNLOCK

Find his voice

Has the respect to lead but rarely speaks; small, scripted leadership moments will unlock it.



Harry Featherstone

CB · The Driven Perfectionist

Strongest: Motivation · Focus · Emotion Reg.

SUPERPOWER

Standards that never drop

Holds himself to a professional's bar already. The drive underneath is the real asset.

PRIORITY UNLOCK

Rebuild belief, one win at a time

Self-belief is running low; it grows back on small, concrete proof of what he does well.



Jai Nguyen

RB · The Driven Perfectionist

Strongest: Motivation · Resilience · Courage

SUPERPOWER

An engine that never stops

Equal-highest motivation in the squad. He brings the same intensity in minute one and minute ninety.

PRIORITY UNLOCK

Trust the defending

Backs his running more than his positioning; belief in the defensive craft is the next level.



Sonny Delacroix

LB · The Fearless Competitor

Strongest: Courage · Motivation · Confidence

SUPERPOWER

Fearless in the duel

Takes on his winger every time, home or away. Pressure barely registers in the moment.

PRIORITY UNLOCK

Stay switched on

Concentration dips when the ball is far away; build scanning habits into every defensive drill.



Leo Marchetti

RB · The Connector

Strongest: Confidence · Emotion Reg. · Motivation

SUPERPOWER

The dressing-room glue

Makes new signings feel at home in a week. Squads with a Leo integrate faster and fight harder.

PRIORITY UNLOCK

A pre-match routine

Real nerves with no routine to lean on; a few familiar steps make the energy work for him.

Midfield & attack.

One line per player: their mini-fingerprint, their single biggest strength, and the one thing that would take them up a level. The full detail lives in each player's individual report.



Tom Abernathy

DM · Vice-captain · The Self-Driven Competitor

Strongest: Confidence · Focus · Resilience

SUPERPOWER

Reads the game for eleven

Sees pressure coming two passes early and organises everyone around him, a coach on the pitch.

PRIORITY UNLOCK

Patience with teammates

Frustration shows when standards slip around him; channelling it into coaching, not scolding, lifts the whole midfield.



Deklan Moore

CM · The Composed Self-Starter

Strongest: Emotion Reg. · Confidence · Focus

SUPERPOWER

Best emotional regulation in the squad

Never rattled and never carried away. He is the tempo-setter who keeps chaos out of the middle.

PRIORITY UNLOCK

Raise the revs

Drive is the lowest in the group; pair calm with intent by giving him progression targets, not just a role.



Xavier Boateng

AM · The Fearless Competitor

Strongest: Courage · Motivation · Confidence

SUPERPOWER

Brave on the ball

Tries the pass others won't, in minute one or minute ninety. Courage under pressure is his trademark.

PRIORITY UNLOCK

The thirty-second memory

Dwells on a giveaway for minutes at a time; a short reset routine protects the next risk.



Finn Gallagher

CM · The Thoughtful Competitor

Strongest: Motivation · Focus · Emotion Reg.

SUPERPOWER

Studies the game like a pro

The squad's deepest analyst. He understands patterns and roles at a level beyond his years.

PRIORITY UNLOCK

Trust the preparation

Knows more than he backs himself to use; confidence grows when his ideas are named and used in the game plan.



Kai Terare

ST · The Calm Closer

Strongest: Confidence · Courage · Motivation

SUPERPOWER

Wants the decisive moment

Highest confidence and courage in the squad. The penalty, the last-minute chance, the deciding moment, he wants them all.

PRIORITY UNLOCK

Composure in the drought

When service dries up the frustration leaks; keeping him emotionally level keeps him dangerous.



Ben Whitford

ST · The Driven Perfectionist

Strongest: Motivation · Focus · Courage

SUPERPOWER

Drive off the charts

Equal-highest motivation in the squad. Desperate to make it, and he works like it every session.

PRIORITY UNLOCK

Master the emotions

Lowest emotional regulation in the group; learning to sit with the bench weeks is what turns talent into a career.



Olly Vandermeer

LW · The Wholehearted Competitor

Strongest: Confidence · Motivation · Resilience

SUPERPOWER

Energy that lifts a session

The loudest positive voice at the club. Training intensity rises the moment he walks in.

PRIORITY UNLOCK

Ninety minutes of focus

Attention comes in bursts; short focus blocks with clear cues stretch the bursts into a full match.



Aiden Castellanos

RW · The Wholehearted Competitor

Strongest: Courage · Motivation · Confidence

SUPERPOWER

Fearless one-v-one

Runs at senior full-backs like they're schoolmates. Pressure hasn't found him yet.

PRIORITY UNLOCK

Resilience for the long season

First full season ahead; build the bounce-back habits now, before the inevitable dips arrive.

Talent UNLOCKED

Coach the squad you have.

Sixteen players, sixteen minds, one dressing room. The work now isn't to make them the same. It's to point sixteen different personalities at the same standard, and let the best of each one raise the rest.

Stronger Minds. Stronger Athletes.

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